



Seasonal Menu - Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|---|
| Lunch | TOMATO AND BASIL TAGLIATELLE | KORMA | SHEPHERD'S PIE | PESTO PASTA | FISH FRIDAY |
| | <i>Vegetables in a tomato sauce, tossed with tagliatelle and sprinkled with cheese.</i> | <i>Mildly spiced, creamy coconut curry served with fluffy vegetable rice and a popadom. Chicken or sweet potato.</i> | <i>Loaded with peas, carrots and onions in a rich gravy, topped with creamy mash. Lamb or chickpea.</i> | <i>Homemade basil pesto and broccoli tossed with pasta and baked with parmesan cheese.</i> | <i>Cod fish cakes, mashed potato and peas. Cod or broccoli cheese bake.</i> |
| | Natural yoghurt and fruit puree. | Banana cake. | Fresh fruit salad. | Fruity flapjack. | Rice pudding and sultanas. |
| All of our lunches and teas are offered with a side of vegetables or salad. | | | | | |
| Snacks | Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, pitta and homemade tzatziki and houmous, oat cakes, and breadsticks. | | | | |
| Tea | Wholemeal rolls, filled with a choice of turkey, ham and cheese. | Baked beans, bread and butter soldiers with cheese and scrambled egg. | Chef's soup of the day and a crusty baguette. | Fajita wrap with homemade salsa. Chicken or Quorn fillets. | Breaded goujons, sweet potato wedges and crudités. Chicken or Quorn. |
| | Second servings, yoghurt and fresh fruit is available after tea. | | | | |
| Drinks | Water is available throughout the day and milk is served with snacks. | | | | |
| | Our chefs will adapt our menu to make suitable weaning options. | | | | |



Seasonal Menu - Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|--|
| | MACARONI CHEESE | CHOW MEIN | ROAST DINNER | COTTAGE PIE | VEGETABLE JAMBALAYA |
| Lunch | <i>Macaroni pasta and fresh tomato in a cheesy sauce, topped and baked with breadcrumbs.</i> | <i>Vegetables, bean shoots, a splash of soy sauce, served with noodles. Chicken or vegetables.</i> | <i>Roast potatoes, Yorkshire pudding, vegetables and gravy. Roast chicken or Quorn.</i> | <i>Vegetable and tomato sauce topped with a creamy potato mash. Beef mince or lentils.</i> | <i>Colourful rice packed with vegetables and flavoured with paprika.</i> |
| | Mango ice-cream. | Melon medley. | Peach slices. | Fruit smoothie. | Fruit crumble and custard. |
| All of our lunches and teas are offered with a side of vegetables or salad. | | | | | |
| Snacks | Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, pitta and homemade tzatziki and houmous, oat cakes, and breadsticks. | | | | |
| Tea | Breaded cod fish fingers, wholemeal wrap, sprinkled with cheese. Fish or falafel. | Mexican mixed bean enchilada bake topped with grated cheese. | Roasted butternut squash soup with garlic croutons. | Tuna mayonnaise or cheese baguettes with cucumber sticks and sweetcorn. | Mozzarella and tomato pizza muffins. |
| Second servings, yoghurt and fresh fruit is available after tea. | | | | | |
| Drinks | Water is available throughout the day and milk is served with snacks. | | | | |
| Our chefs will adapt our menu to make suitable weaning options. | | | | | |



Seasonal Menu - Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|--|
| | HOTPOT | BAKED GNOCCHI | FISH PIE | VEGETABLE SAVOURY RICE | LASAGNE |
| Lunch | <i>Hotpot, served with creamy mash potato and broccoli. Lamb or Quorn.</i> | <i>Potato dumplings with tomato, spinach and courgette, topped with cheese.</i> | <i>Fish in a creamy white sauce, peas and sweetcorn topped with mash. Fish fillet or vegetables.</i> | <i>Peppers, carrots, baby corn and rice with garlic and soy sauce.</i> | <i>Tomato and vegetable sauce layered with pasta sheets and creamy white sauce. Served with garlic bread. Beef or Quorn mince.</i> |
| | Greek yoghurt with raspberry compote. | Bananas and custard. | Fresh fruit salad. | Homemade shortbread. | Pineapple fingers. |
| All of our lunches and teas are offered with a side of vegetables or salad. | | | | | |
| Snacks | Our chefs provide a selection of morning and afternoon snacks, which include: fresh fruit, cream crackers and spread, rice cakes, pitta and homemade tzatziki and houmous, oat cakes, and breadsticks. | | | | |
| Tea | Tuna and sweetcorn pasta. | Jacket potato with cheese and beans. | Homemade pizza puffs with cucumber and carrot batons. | Chicken burgers, wholemeal buns, cheese, sliced tomato and sweetcorn. | Ham and cheddar cheese pinwheels served with crudité's. |
| Second servings, yoghurt and fresh fruit is available after tea. | | | | | |
| Drinks | Water is available throughout the day and milk is served with snacks. | | | | |
| Our chefs will adapt our menu to make suitable weaning options. | | | | | |